

# PEnPal Newsletter

## A message from the Editor

**Curt Hinson, Ph.D.**

### Book Review



**Upside Right: A children's guide to movement** By G.J. Amato, (2010; Get Kids Moving Now; Hardback \$19.95 & Paperback \$14.95)

Upside Right: A children's guide to movement by G.J. Amato is a wonderful storybook that helps get kids moving. It's a "story" of moving and enjoying being physically active that will

surely get all children excited about being fit. Author G.J. Amato is a Movement Education specialist that has spent decades helping kids enjoy moving and learning. The book is colorful and nicely illustrated. The story leads young readers on a movement journey where they discover personal space, general space, pathways, levels, balance, shapes, weight transfer, loco motor skills, non-loco motor skills, creativity, and more. It's a complete movement education lesson in one short story. There is also a Teacher Edition of the book available that breaks the movement concepts into lesson ideas with movement and conceptual objectives included. The Teacher Edition is also colorfully illustrated. This is a wonderful book that all teachers should have, PE teachers and classroom teachers alike. Reading it to your students is a great way to combine literature and physical activity in your classroom. It is available in hardback and paperback versions. We recommend you get copies for your classroom and for your library.

This book is available from Get Kids Moving Now. Visit their website at [www.getkidsmovingnow.com](http://www.getkidsmovingnow.com) or contact them at (860) 675 6712. The cost is \$19.95 plus \$5.00 shipping for the hardback and \$14.95 plus \$4.00 shipping for the paperback. The Teacher Edition is \$29.95 plus \$5.00 shipping for the hardback and \$24.95 plus \$4.00 shipping for the paperback.